

SHARE:

[Join Our Email List](#)



## *Devotion for October 11<sup>th</sup>, 2021*

### *Matthew 11:20-30*

**Today's reading is Matthew 11:20-30, with focus on verses 25-30.** Rest. Such a simple word yet so often a complex concept. It seems to be the thing most people are striving to find. We're bombarded with messaging about how to relax, vacations we should be taking, or the newest forms for self-care.

In reality, the rest we are searching for is not found in the temporary things of this world. We can try thing after thing and we will never truly get the peace we need. However, in our Lord, we can find it. He tells us, *"Come to Me, all who labor and are heavy laden, and I will give you rest."*

As I've been reflecting on these verses, I can't help but sing to myself a bit from a beloved hymn. I invite you to reflect on these words (perhaps even [give them a listen here](#)) as you begin your week. And I pray that you might find true rest in your Savior.

*"What a friend we have in Jesus, all our sins and griefs to bear!  
What a privilege to carry everything to God in prayer!  
O what peace we often forfeit, O what needless pain we bear,  
All because we do not carry everything to God in prayer!*

*Have we trials and temptations? Is there trouble anywhere?  
We should never be discouraged; take it to the Lord in prayer!  
Can we find a friend so faithful who will all our sorrows share?  
Jesus knows our every weakness; take it to the Lord in prayer!*

*Are we weak and heavy laden, cumbered with a load of care?  
Precious Savior, still our refuge - take it to the Lord in prayer!*

*Do you friends despise, forsake you? Take it to the Lord in prayer!  
In His arms He'll take and shield you; you will find a solace there."*

*God's blessings,  
Marissa Kroenke, Deaconess Intern  
Grace Lutheran Church & School*

Grace Lutheran Church & School | [Website](#)

